

**Devoted To:**

- Improving academics
- Deterring violence
- Fostering resiliency
- Enhancing coping skills
- Reducing risk
- Preventing suicide

# Well Aware™

*A Suicide Prevention Program for School Administrators*

- School Board Members ■ Superintendents ■ Principals ■ Student Services Directors ■ Central Office Administration ■ Deans of Students ■ Health Center Supervisors ■ Consultants ■ Education Policymakers

Visit us at [www.wellaware.org](http://www.wellaware.org)  
Talk to us at [talkback@wellaware.org](mailto:talkback@wellaware.org)

## RESOURCES: Helping Students Who Have Lost a Peer or Sibling to Suicide

**TODAY'S SPEAKER:** Internationally recognized expert in youth suicide  
Has broken new ground in understanding, treatment of at-risk youth



### David A. Brent, M.D.

Director, Services for Teens at Risk (STAR)  
Academic Chief, Child and Adolescent Psychiatry  
Western Psychiatric Institute & Clinic  
Western University School of Medicine

Professor of Psychiatry, Epidemiology, and Pediatrics  
UPMC Endowed Chair, Suicide Studies  
University of Pittsburgh School of Medicine  
Pittsburgh, PA, USA [brentda@upmc.edu](mailto:brentda@upmc.edu)

Co-founded and directs Services for Teens at Risk (STAR), a state-funded program for suicide prevention, education of professionals and treatment of at-risk youth and their families

Directs an NIMH-funded Advanced Center for Interventions and Services Research for Early-Onset Mood and Anxiety Disorders

Has helped identify role of firearms, substance abuse and affective disorders as risk factors for youth suicide; and establish role of cognitive therapy as treatment for depressed adolescents

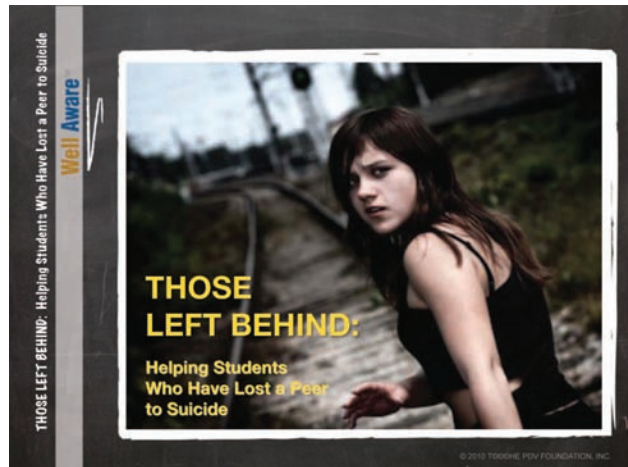
## Check out these resources ...

### STAR CENTER SERVICES FOR TEENS AT RISK

A comprehensive research, treatment, and training center. Funded by the State of Pennsylvania's General Assembly in 1986 to address adolescent suicide and depression, its program provides individual assessment and treatment to teens who are experiencing depression and suicidality. The STAR Center also provide community education services about depression and suicidality to schools, social service agencies, churches and other organizations that request them.

<http://www.starcenter.pitt.edu>

- Trauma Resources
- School District Suicide Policy
- Suicide Prevention Resources
- Family Resources
- Bullying Resources
- Suicide and Substance Abuse Prevention
- Postvention Resources



### By Dr. David Brent:

#### ■ TRAUMATIC GRIEF AMONG ADOLESCENTS EXPOSED TO A PEER'S SUICIDE

<http://ajp.psychiatryonline.org/cgi/content/full/161/8/1411>

#### ■ ADOLESCENT DEPRESSION: DEVELOPING TREATMENTS AND TREATING DEVELOPMENT

[http://www.bocyp.org/brent\\_presentation.pdf](http://www.bocyp.org/brent_presentation.pdf)

#### ■ SUICIDE RISK: COMPREHENSIVE ASSESSMENT AND CLINICAL MANAGEMENT

<http://www.wpic.pitt.edu/oerp/bht/A009Handout.ppt>

## [take note]

WELL AWARE is a program of the:



514 North 6th Street  
Sheboygan, Wisconsin 53081

ADVANCING COMMUNICATION IN  
MENTAL HEALTH AND SOCIAL SERVICES.